

The Whitehall-Robins Supplement

A Selection of Recent Findings in the Field of Nutrition

Whitehall-Robins Report – 2000 to 2009

For your reference, the list below summarizes the topics covered in the *Whitehall-Robins Reports* from 2000 to 2009. The *Whitehall-Robins Reports* provide concise reviews of scientific information on nutrition related topics, authored by leading experts in the field. You may access these reports at www.centrum.ca and clicking on *Healthcare Professionals* or at <http://www.centrum.ca/content/professionals/default.asp>

2009	Topic	Author
February	Probiotics and Health	Mary Ellen Sanders, Ph.D.
May	Children, Adolescents, and Micronutrient Inadequacies	Susan Barr, PhD., RD, FDC, University of British Columbia
October	Potential micronutrient inadequacies in vegetarian diets	Candice A. Rideout, PhD, University of Prince Edward Island, University of Manitoba
December	Bone Related Micronutrients	Hope A. Weiler, PhD, RD, McGill University
2008		
March	Homocysteine and Cardiovascular Disease: An update	J. David Spence, M.D., FRCPC, FAHA, University of Western Ontario
June	Role of vitamin D in Pain, Muscle Strength and Falls	Reinhold Vieth, Ph.D, University of Toronto
September	Nutritional Aspects of Common Food Sensitivities: Celiac Disease and Lactose Intolerance	Janice M. Joneja, Ph.D., RD, University of British Columbia
November	Nutritional Aspects of Common Food Sensitivities; Food Allergy: Peanuts, Tree Nuts and Edible Seeds	Janice M. Joneja, Ph.D., RD, University of British Columbia
2007		
February	Canadians' Dietary Intake of Micronutrients	Jadwiga Dolega-Cieszkowski MSc and Susan Whiting, PhD, University of Saskatchewan
June	Protective Effects of Lutein, Zeaxanthin and Related Dietary Carotenoids	John Trevithick, PhD, University of Western Ontario and Colleen Trevithick-Sutton PhD, University of Ottawa
September	The Effect of Calcium on Blood Lipids	Angelo Tremblay, PhD, Université Laval
November	Groups at Risk of Micronutrient Deficiencies	N. Theresa Glanville, PDt, PhD, Mount Saint Vincent University
2006		
March	The Essential Antioxidants: an Update on Their Therapeutic Applications	Diane McKay, PhD and Jeffrey Blumberg, PhD, Tufts University
June	Nutrition, Aging and Cognitive Function	SJPM Eussen MSc, O van de Rest, MSc, M Manders, MSC, CPGM de Groot, Msc, PhD., Wageningen University, Netherlands
October	Micronutrients and pregnancy (birth) outcome	John M. Scott, Trinity College, Dublin
December	Lycopene and human health: The scientific evidence for its beneficial role	A.V. Rao and L.G. Rao, University of Toronto
2005		
February	Vitamin K and Bone Health	Milly Ryan-Harshman, PhD, RD
May	Adolescence, the optimum time to maximize bone mass through calcium and vitamin D	Hassanali Vatanparast, MD and Susan J. Whiting, PhD, University of Saskatchewan
September	Omega – 3 Fatty Acids for Health Care	Bruce J. Holub, PhD, University of Guelph
November	Carotenoids and Health: an Update	Judy D. Ribaya-Mercado, ScD and Jeffrey B. Blumberg, PhD, Tufts University

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2004	Topic	Author
March	Nutrition and Physical Activity	Philip D. Chilibeck, PhD, University of Saskatchewan
June	Dietary, Lifestyle Factors and Type 2 Diabetes	Matthias B. Schulze, DrPH, Harvard School of Public Health
September	Ginseng: Review of Recent Evidence	P. Mark Stavro, MSc, PhD Candidate, University of Toronto
November	The wide-ranging effects of vitamin D on health and disease	Reinhold Vieth, PhD., F.C.A.C.B., University of Toronto
2003		
January	Dietary Reference Intakes: Minerals	Susan I. Barr, PhD, RDN, University of British Columbia
April	Dietary Reference Intakes: Vitamins	Susan I. Barr, PhD, RDN, University of British Columbia
November	Health Economical Benefits of Optimum Nutrition	Milly Ryan-Harshman, Ph.D., R.D.
2002		
February	Dietary and Non-Dietary Aspects in Colon and Rectal Cancer	Edward Giovannucci, Harvard Medical School
May	Macronutrients, Micronutrients, and Oral Health	Kamudi Joshipura, Assistant Professor, Harvard School of Dental Medicine
August	The Role of Selenium in Health	Phyllis G. Paterson, PhD, University of Saskatchewan
2001		
February	Skeletal and Non-Skeletal Role of Vitamin D: Are We Getting Enough?	Reinhold Vieth, PhD, Dip Clin Chem, F.C.A.C.B., University of Toronto
May	Diet, Lifestyle and Breast Cancer	Ahmed El-Sohemy, PhD, University of Toronto
August	Obesity in Canada	Angelo Tremblay, PhD, Laval University
November	The Role of Lutein and Antioxidants in Eye Health	John R. Trevithick, PhD, University of Western Ontario and Kenneth P. Mitton, PhD, Oakland University
2000		
February	Drug-Nutrient Interactions	Jose A. Morales, MD, FRCPC, McGill University
June	Macronutrients, Micronutrients and Prostate Cancer	Edward Giovannucci, M.D., Sc.D., Harvard Medical School
September	Micronutrients and Birth Outcome	Marcia J. Cooper, MSc, RD and Stanley H. Zlotkin, MD, PhD, F.R.C.P., University of Toronto
December	NUTRIENTS: Essential Ingredients for Adolescent Growth	Johanna Dwyer, D.Sc, RD, Tufts University